

# Term 4 2024

7 Oct - 17 Dec

## Program schedule

Elwood St Kilda Neighbourhood Learning Centre

87 Tennyson Street, Elwood 3184

Ph: 03 9531 1954 E: reception@esnlc.org.au

| ADULT LEARNING   |   |  |   |  |        |  |        |
|--|---|--|---|--|--------|--|--------|
|  | MONDAY  | TUESDAY  | WEDNESDAY                                 | THURSDAY                                   | FRIDAY | SATURDAY                               | SUNDAY |
| <b>PRACTICAL SKILLS</b>  |   |  |   |  |        |  |        |
| Learn to Sew! - Sewing Basics  |   |  |   |  |        | 1.00pm-4.20pm<br><i>(excl. 2 Nov)</i>  |        |
| Learn to Sew! - Intermediate   |   | 12.45pm-3.45pm<br><i>(excl. 5 Nov)</i>               |   |  |        | 9.00am-12.20pm<br><i>(excl. 2 Nov)</i> |        |
| Gardening 101 ( 21 Oct - 16 Dec)                                       | 9.30am-11.30am<br><i>(excl. 4 Nov)</i>                  |  |   |  |        |  |        |
| <b>LANGUAGES</b>   |   |  |   |  |        |  |        |
| EAL Pre-Intermediate (Level 2)   | 9.30am-1.00pm<br><i>(7 Oct - 9 Dec)</i>                 |  |   |  |        |  |        |
| EAL Intermediate (Level 3)   |   |  |   | 9.30am-1.00pm                              |        |  |        |
| EAL for Ukrainian Refugees   |   | 5.00pm-8.00pm<br><i>(8 Oct - 10 Dec)</i>             |   | 5.00pm-8.00pm                              |        |  |        |
| Frenchly Speaking<br><small>(Check term dates via our website)</small> | 6.00pm-7.30pm<br><i>(Intermediate L4)</i>               | 6.30pm-8.00pm<br><i>(Advanced Level A)</i>           | 6.30pm-8.00pm<br><i>(Intermediate L1)</i> | 5.30pm-7.00pm<br><i>(Advanced Level B)</i> |        |  |        |
| <b>DIGITAL LITERACY</b>  |   |  |   |  |        |  |        |
| Mobiles, iPads & Other Devices   |   | 12.30pm-2.30pm<br><i>(22 Oct- 17 Dec excl 5 Nov)</i> |   |  |        |  |        |
| Mobile Phones & iPads in Russian                                       |   |  | 10:00am-12.00pm                           |  |        |  |        |
| Beginner Computers in Russian (7 Oct - 9 Dec)                          | 12.00pm-2.00pm<br><i>(Zoom)</i>                         |  |   |  |        |  |        |
| Intermediate Computers in Russian (7 Oct - 9 Dec)                      | 10.00am-12.00pm<br><i>(Zoom)</i>                        |  |   |  |        |  |        |
| Troubleshooting in Russian   |   |  |   | 10.00am-12.00pm<br><i>(Zoom)</i>           |        |  |        |
| <b>LOCAL SERVICES</b>  |   |  |   |  |        |  |        |
| Venue Hire   | 7.00am-10.00pm Monday - Sunday <i>(365 days a year)</i> |  |   |  |        |  |        |
| Internet Café & Printing   | 9.15am-4.30pm Monday - Thursday                         |  |   |  |        |  |        |

Office hours:  
Mon-Thurs 9.15am - 4.45pm

We are an ASRC drop off point.  
Donate anytime during our office hours.

Donate to ESNLC or become a Member  
During office hours or at [www.esnlc.com.au](http://www.esnlc.com.au)

# Term 4 2024

October - December

## Program schedule

Elwood St Kilda Neighbourhood Learning Centre

87 Tennyson Street, Elwood 3184

Ph: 03 9531 1954 E: reception@esnlc.org.au

| CONNECT & GROW   |                |   |                                |               |   |  |  |
|--|----------------|---|--------------------------------|---------------|---|--|--|
|  | MONDAY         | TUESDAY   | WEDNESDAY                      | THURSDAY      | FRIDAY                                    | SATURDAY   | SUNDAY   |
| <b>SUSTAINABILITY</b>  |                |   |                                |               |   |  |  |
| Elwood Kitchen Library   |                |   |                                | 5.30pm-7.00pm |   | 10.30am-12.00pm                                  |  |
| Elwood Toy Library   |                |   | 9.30am-11.30am                 |               | 9.30am-11.30am                            | 9.30am-11.30am                                   |  |
| Elwood Kitchen Garden  |                |   |                                |               | 10.30am-12.30pm                           |  |  |
| <b>CREATIVITY</b>  |                |   |                                |               |   |  |  |
| Craft Club   |                |   | 10.30am-2.30pm                 |               |   |  |  |
| Life Drawing   |                |   |                                | 7.30pm-9.20pm |   |  |  |
| Elwood Book Club   |                |   |                                |               |   | 4.00pm-6.00pm<br><i>(third Sat of the month)</i> |  |
| Elwood Choir<br><small>(Check term dates via our website)</small>                |                |   | 7.30pm-8.30pm                  |               |   |  |  |
| Roomers Program  |                | 10.30am-12.30pm<br><small>(check dates with office)</small> |                                |               |   |  |  |
| <b>HEALTH &amp; WELLBEING</b>  |                |   |                                |               |   |  |  |
| Yoga   | 12.30pm-1:30pm | 6.30pm-7.45pm   |                                | 6.30pm-7.45pm |   |  |  |
| Pilates with Antoinette  |                |   | 12.30pm-1.30pm                 |               |   |  |  |
| Feldenkrais  |                |   | 2.00pm-3.00pm                  |               |   |  |  |
| Kadampa Meditation <small>(Check term dates via meditateinmelbourne.org)</small> | 7.00pm-8.00pm  |   |                                |               |   |  |  |
| All Abilities Art Therapy  |                |   |                                |               | 1.00pm-3.00pm<br><i>(11 Oct - 13 Dec)</i> |  |  |
| Overeaters Anonymous (OA)  |                |   |                                |               |   |  | 11.00am-12.15pm<br><i>(first Sun of the month)</i> |
| Narcotics Anonymous (NA)   |                | 7.30pm-8.30pm   |                                |               |   |  |  |
| Alcoholics Anonymous (AA)  |                |   | 6.00pm-7.00pm<br>7.30pm-8.30pm | 7.30pm-8.30pm |   |  |  |

Office hours:  
Mon-Thurs 9.15am - 4.45pm

We are an ASRC drop off point.  
Donate anytime during our office hours.

Donate to ESNLC or become a Member  
During office hours or at [www.esnlc.com.au](http://www.esnlc.com.au)